

Potomac Kempo — Capitol Tournament

Time	Event	Ring 1	Ring 2	Ring 3	Ring 4	Ring 5	Ring 6	Ring 7
9:00 AM	Welcome and National Anthem							
9:15 AM	Kempos	Ages 4 - 6 White – Low Yellow	Ages 4 - 6 Yellow Stripe – Full Yellow	Ages 4 - 6 Low Orange – Low Purple	Ages 7 - 10 White – Yellow Stripe	Ages 7 - 10 Full Yellow – Full Orange	Ages 7 - 10 Low Purple – Full Purple	Ages 7 - 10 Low Blue – Full Green
9:45 AM		Ages 11 – 14 White – Full Orange	Ages 11 – 14 Purple Stripe – Full Green	Ages 10 – 14 Junior Brown – Junior Black	Ages 15+ White – Yellow	Ages 15+ Orange – Purple	Ages 15+ Blue Stripe – Green	Ages 15+ Brown – Black Belt
10:20 AM	Demonstration and Recognition							
10:40 AM	Sparring 1 of 2	Grady Addison Lucas Melles Nicholas Miron Bito Poretz Analeigh Segura-Llinas Brad Winn Yousuf Idris Everett Hansen Landon Broome Vinny Tarantino	Eamon Marks Lily Canzone Eva Gomez Boe Larry Sellers KJ Brown Abigail Ameha Guinevere Terrio Robert Brower Allison Doll Ahren Brower Charlie Buechel Aidric Zeller	Nathan Tigney Sullivan Buck Kaeli Carstens Isaac Melles Payton Rizzieri Jayden Baird Mikey Bozzelli Seth Santillo Kingston Krenik Brighton Jester Connor Thompson Whitley Dowell	Will Wenberg Jordan Fuller Daniel Fryman Carter Addison Cooper Jackson Eamonn Neck Ayden Segura-Llinas Russi Krenik Jasmine Shumway Sean Mitchell Parker Henry Zachary Blackistone	Richard Terrio Mackenzie Koroma Christopher So James Rough Colin Broome Cole Frevert Ella Puckett Jillian Dole Jaden Ntim Abby Moore Leila Selassie Kiran Menon	Sophia Collazo Max Burnett Burren Wood Lucy Davis Ellory Gray Kieran Sweeney Emmett Thompson Kyla Outlaw-Hinton Leo Santillo Charlotte Leonardo Jordan Ferrell Kenan McCarthy	Andreo Gajek Apollo Hopkins Ruby Carranza Rowan Carstens Makena Waits Mason Henry Sean Kuhlmann Brinley Marotta Sebastian Hobson Tristan Navarrette Nathan Ameha Elisabeth Peyton

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11:25 AM	Sparing 2 of 2	Makayla Collazo Patrick Beretsel Jackson Dole Leo Davidson Anais Perez John Paul Giza Annika Linnet Matthew Leonardo Xavier McCarthy Adrienne Moseley Daniel Pascual Elkanah Kumulachew	Enrique Galvan Bella Marotta Sam Hernly Matthew Puckett Dylan Hoganson Riley Frevert Jack Santillo Samantha Peyton Ian Oldham Sean Mulvaney Karissa Collazo Van Damiani	Lyra Phelps Lilly Van Ness Isabella Holt Gisella Mejia Diaz Max Thorson Jack Major Bennett Jester Quinn MacBride Sydney Hammond Ethan Stone Deanna Kosinski Alex Hardies	Jordan Najia Ronan Sweeney Gerald Smith Alejandro Ayala Connor Marshall Noah Perkel Caroline Andersen Dawit Girum Gwendolyn Holt Jordan Orrick Will Huguley Camden Doyle	Duncan Connelly Adam Perrault Nick Kruse Caleb Childress Olivia Kruse Daniel Cate Elena Dakic Robert Marotta Jake Moore Noah Foerster Maya Flores-Kaplan Olivia So	Ages 15+	Ages 15+
12:10 PM	Blocking	Age 4 White – Full Yellow	Ages 5 -6 White – Low Yellow	Ages 5 -6 Yellow Stripe – Low Purple	Ages 7 - 9 White – Full Yellow	Ages 7 - 9 Low Orange – Purple Stripe	Ages 7 - 9 Full Purple – Full Green	Ages 10 - 14 White – Orange Stripe
12:40 PM		Ages 10 - 14 Full Orange – Blue Stripe	Ages 10 - 14 Full Blue – Full Green	Ages 10 - 14 Junior Brown – Junior Black	Ages 15+ White – Yellow	Ages 15+ Orange – Blue Stripe	Ages 15+ Blue – Green	Ages 15+ Brown – Black Belt
1:10 PM	Katas	Ages 4 -5 White – Full Orange	Ages 6 - 7 White – Yellow Stripe	Ages 6 - 7 Full Yellow – Low Orange	Ages 6 - 7 Orange Stripe – Blue Stripe	Ages 8 - 10 White – Orange Stripe	Ages 8 - 10 Full Orange – Full Purple	Ages 8 - 10 Low Blue – Full Green
1:45 PM		Ages 11 - 14 White – Full Purple	Ages 11 - 14 Low Blue – Full Green	Ages 10 - 14 Junior Brown – Junior Black	Ages 15 - 38 White – Blue Stripe	Ages 15 - 38 Blue – Black Belt	Ages 39+ White – Orange	Ages 39+ Purple – Black Belt
2:20 PM	Bunkai	Ages 6 - 9 White – Low Orange	Ages 6 - 9 Orange Stripe – Full Green	Ages 10 - 14 Yellow Stripe – Full Purple	Ages 10 - 14 Blue Stripe – Junior Black	Ages 15+ Blue Stripe – Black Belt		Ages 15+ Yellow – Purple
2:55 PM	Kung Fu	Ages 8 - 14 Low Orange – Purple Stripe	Ages 8 - 14 Full Purple – Low Blue	Ages 8 - 14 Blue Stripe – Green Stripe	Ages 8 - 14 Full Green – Junior Black	Ages 15+ Green – Black Belt		Ages 15+ Orange – Green Stripe