

Potomac Kempo — Capitol Tournament

Time	Event	Ring 1	Ring 2	Ring 3	Ring 4	Ring 5	Ring 6	Ring 7
9:00 AM	Welcome and National Anthem							
9:15 AM	Kempos	Ages 3 – 5 White – Full Orange	Ages 6 – 7 White – Low Yellow	Ages 6 – 7 Yellow Stripe – Full Orange	Ages 6 – 7 Low Purple – Full Blue	Ages 8 – 10 White – Full Orange	Ages 8 – 10 Low Purple – Low Blue	Ages 8 – 10 Blue Stripe – Full Green
9:50 AM		Ages 11 – 14 White – Purple Stripe	Ages 11 – 14 Full Purple – Full Green	Ages 8 – 14 Junior Brown – Junior Black	Ages 15+ White – Yellow	Ages 15+ Orange – Purple	Ages 15+ Blue Stripe – Green Stripe	Ages 15+ Full Green – Black Belt
10:25 AM	Demonstration and Recognition							
10:40 AM	Kumite 1 of 2	Landon Broome Vincent Hamilton KJ Brown Nathan Tigney Seth Santillo Daniel Fryman Sullivan Buck Jessica Lee	Jayden Baird Om Sinha Connor Thompson Mikey Bozzelli Eva Gomez Corbyn Wolfe Cooper Jackson Jennifer Lee	Cuauhtemoc Patton Ayden Segura-Llinas Sebastian Davidson-Hood Carter Addison Christopher So Colin Broome Jacob Nickel Jillian Dole	Ella Puckett Umar Salahuddin Zyren Munoz William Dobrzynski Max Burnett Charlotte Leonardo Leo Santillo Emmett Thompson	Ruby Carranza Amelie Turcotte Sean Kuhlmann Makena Waits Emma Crawford Apollo Hopkins Ellory Gray Brinley Marotta	Isaiah Smith Jackson Dole Patrick Beretsel Matthew Leonardo Aurora Frontin Camila Reyes Catherine Arthurs Riley Frevert	Bella Marotta Matthew Puckett Dylan Hoganson Adrienne Moseley Enrique Galvan Jack Santillo Elkanah Kumulachew Gisella Mejia Diaz Ian Oldham Abigail Jackson

Time	Event	Ring 1	Ring 2	Ring 3	Ring 4	Ring 5	Ring 6	Ring 7
11:25 AM	Kumite 2 of 2	Van Damiani Ethan Crawford Lilly Van Ness Isabel So Jack Major Ethan Stone Max Thorson Sydney Hammond Joseph Bucca Zyler Munoz	Jordan Najia Isabella Holt Jane Mejia Diaz Leila Selassie Will Huguley Alex Steele Alejandro Ayala Gerald Smith Dawit Girum Mason Hammond	Noah Perkel Caroline Andersen Adam Perrault Jordan Orrick Camden Doyle Gwendolyn Holt Janie Becherer Nick Kruse Korey Miller Noah Foerster	Colin Cross Ena Sullivan Elena Dakic Olivia Kruse Robert Marotta Alexander Francisco Nicolas Rugo Matthias Girum Jake Moore Olivia So	Ages 15+ TBA	Ages 15+ TBA	Ages 15+ TBA
12:10 PM	Blocking	Ages 3 – 7 White Belts	Ages 3 – 7 Low Yellow Belts	Ages 3 – 7 Yellow Stripe – Orange Stripe	Ages 3 – 7 Full Orange – Low Blue	Ages 8 – 10 Full Yellow – Full Orange	Ages 8 – 10 Low Purple – Blue Stripe	Ages 8 – 10 Full Blue – Junior Black
12:45 PM		Ages 11 – 14 White – Purple Stripe	Ages 11 – 14 Full Purple – Full Green	Ages 11 – 14 Junior Brown – Junior Black	Ages 15+ White – Yellow	Ages 15+ Orange – Blue Stripe	Ages 15+ Full Blue – Full Green	Ages 15+ Brown – Black Belt
1:20 PM	Katas	Ages 4 – 6 Low Yellow	Ages 4 – 6 Yellow Stripe – Full Yellow	Ages 4 – 6 Low Orange – Full Purple	Ages 7 – 9 White – Orange Stripe	Ages 7 – 9 Full Orange – Purple Stripe	Age 7 – 9 Full Purple – Full Green	Age 10 – 14 White – Full Orange
1:50 PM		Ages 10 – 14 Purple Stripe – Low Blue	Ages 10 – 14 Full Blue – Full Green	Ages 9 – 14 Junior Brown – Junior Black	Ages 15 – 39 White – Orange Belt	Ages 15 – 39 Purple – Black Belt	Ages 40+ White – Purple Belt	Ages 40+ Blue Stripe – Black Belt
2:25 PM	Kali	Ages 5 – 8 Yellow – Low Orange	Ages 5 – 8 Full Purple – Green Stripe	Ages 9 – 12 Full Yellow – Full Purple	Ages 9 – 12 Low Blue – Junior Black		Ages 16+ Blue Stripe – Black Belt	
2:55 PM	Weapons	Ages 5 – 10 Full Yellow – Full Purple	Ages 5 – 10 Low Blue – Junior Black	Ages 11 – 13 Purple Stripe – Low Green	Ages 11 – 13 Green Stripe – Junior Black	Ages 16+ White – Full Blue	Ages 16+ Green Stripe – Full Green	Ages 16+ Brown Belt – Black Belt